



Sensory Experiences for Babies (from birth)

Water Experiences

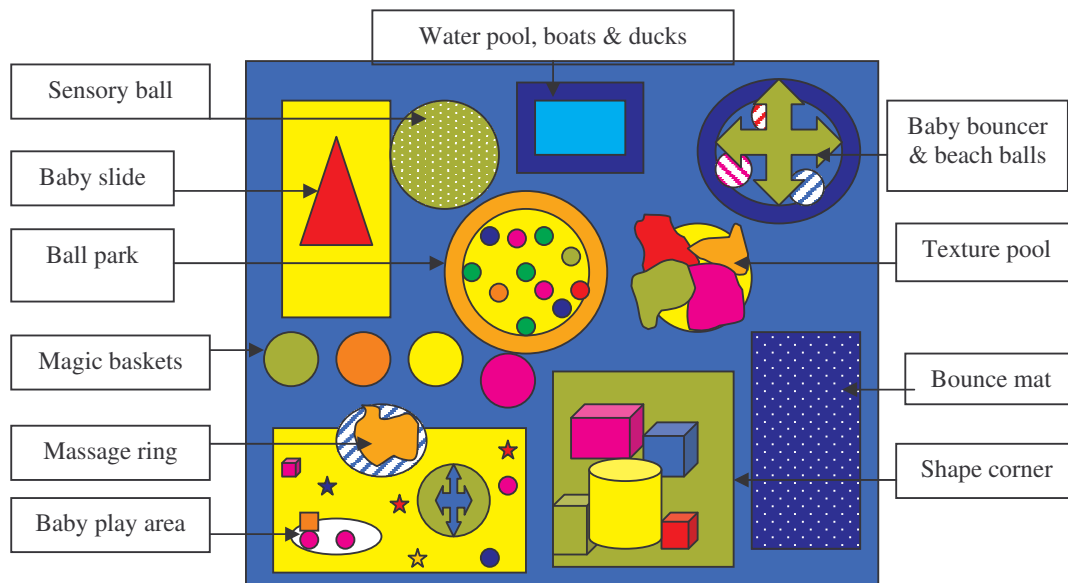
Activities/experiences aim to:

- Enhance communication through the use of sign language
- Encourage baby to explore his or her surroundings from a new perspective
- Introduce a range of 'water' experiences
- Demonstrate a range of techniques to help baby sleep

Introductory activities:

1. Say 'Hello' to the rain (signing)
2. Wash your head & shoulders (fabrics)
3. Bubbles (visual)
4. 'Splish-splash' (water experience)
5. Water massage

Sensory Experiences



Final activities

On the small mat:

- Bath time signs
- What shall we do with the sinking teddy? (cause & effect)

On the large mat:

- Colours of the sea (music & movement)
- Parachute & balloons (visual)
- Time to sleep (swaddling techniques)
- Say 'Goodbye' (signing)



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Baby Dance

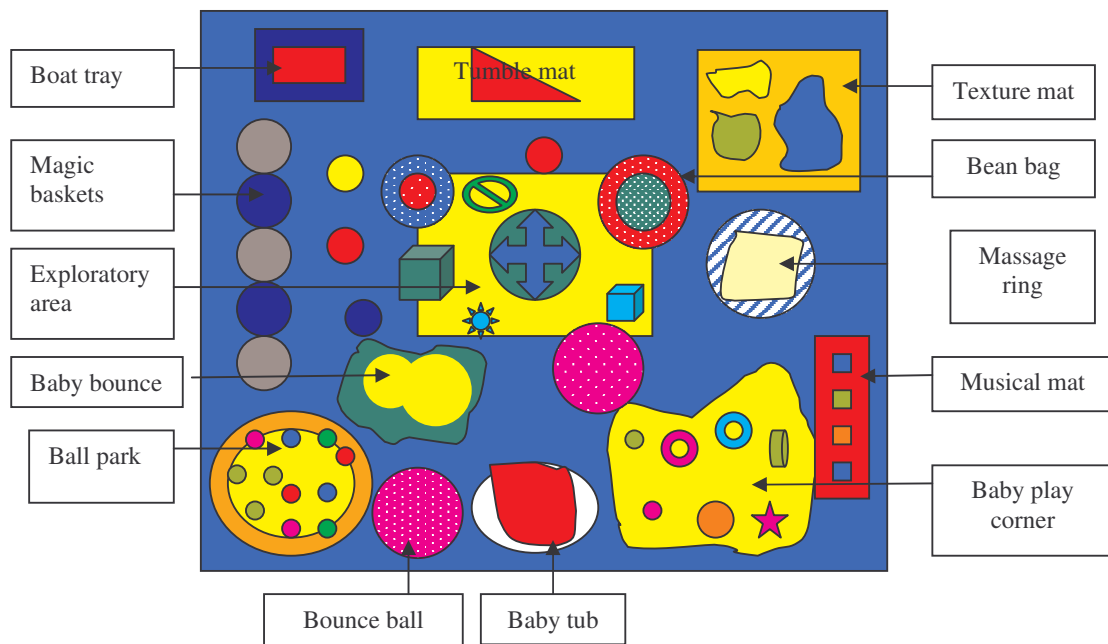
Activities/experiences aim to:

- Enhance communication through the use of sign language
- Build up a vocabulary of sensory experiences
- Enhance physical contact through the use of dance and movement activities
- Encourage baby to respond to music in a variety of ways

Introductory activities

1. Say Hello! (signing)
2. Foot tap (foot work)
3. Wobble-wobble (communication game)
4. Baby Hokey Cokey (dance)
5. Finger dance (reflexology)

Sensory Experiences



Final activities:

On the small mat:

- Baby 'Cha cha' (hands & feet)
- Tapping teddies (rhythm)

On the large mat:

- Swing low (hold & hug)
- Baby rock and roll (dance)
- Say 'Goodbye' (signing)